



Health Department Commission Meeting Minutes
December 14, 2023 - 6:30 p.m.

Attendees: Sean Fitzgerald, Joan Brennan, Jennifer hillips-Katzberg and Karla Rubini

Agenda:

- **Online training and certification:**
 - Everyone has completed and forwarded to Denise Brouse, Borough Clerk.
 - Annual recertification is not required
- **Small Project Assignments Updates**
 - **Be SMART Campaign** – Joan has contacted her son-in-law, Andrew Austin, a detective with the Camden County prosecutor's office. They have a community outreach unit in the office that would probably want to be involved. Joan will also reach out to MES and St. Pete's and MES and St. Pete's PTA/PTO to try and schedule a program this spring. Karla's attempts to get through to her contact at St. Pete's has not been successful yet. Joan will try the principal.
 - **Mental Health** to tie in with Be SMART, PTA, PTO at St. Pete's – Karla will work to supplement the Be Smart school programs with mental health & wellness.
 - **Walking and Bicycle Programs** - Amanda unable to attend. Report deferred to January 11th meeting.
 - **Substance Abuse & Narcan Kits for Schools and Busses** – Sean confirmed that narcan kits are in place in MES. Substance abuse and trafficking is not a current issue or concern in town per Chief Rich Grassia. Karla brought up a drug abuse concern she frequently sees in her practice - "pharming parties" - get-togethers where prescription and OTC drugs are exchanged by teens and randomly ingested, in order to become intoxicated. She would like to offer an in-service to parents/kids. Members had a short discussion about alcohol and other drugs of choice in various demographics and age groups.
 - **Senior & Disabled Services** – Andrew has scheduled a meeting with Council senior liaison, Cindy Morales, on January 4th to get background on the town and county services currently provided.
 - **Mayors Wellness Campaign** – Jennifer has begun to work on this and came with a list of 9 wellness campaign questions and a google doc "activity list" to discuss with members. (see attached). Her goal is to submit the information she has gathered by this year's deadline, January 24th. Members provided contact info for a number of questions. Joan will email her the link to Borough Food Pantries and send a copy of the

Mayors Wellness campaign pledge to Sean for the next Council meeting.

(<https://www.njhcqi.org/mayors-wellness-campaign/>)

- 2023 New Jersey Healthy Town Designation Rubric
<https://www.njhcqi.org/wp-content/uploads/2023/11/2023-Healthy-Town-Rubric-Final.pdf>
- Campaign Handbook
 - https://www.njhcqi.org/wp-content/uploads/2020/06/Mayors-Wellness-Campaign-Handbook_2020.pdf
- Mayor's Pledge
<https://www.njhcqi.org/mayors-wellness-campaign/mayors-wellness-campaign-annual-pledge/>

Old Business:

- AED placement along the mile - Sean will be looking into this and the possibility of coordination with Pennsauken on the circuit extension.
- Sustainable NJ points related to BOH - Joan emailed an overview of the points the BOH action can potentially contribute to Silver certification status. (see attached)
- Smoke Free outside areas/business/signage - Sean will be meeting with the business association soon to discuss. Members asked about the impact of the cannabis dispensary on this and were informed that the dispensary is not currently permitted to allow smoking on site. Sean feels they will be a responsible partner in the town's efforts to keep public spaces "Smoke Free".